

# THE GREENHOUSE & SENIOR ART STUDIO

## JANUARY 2018 EVENTS

- MONDAY – 1<sup>st</sup>**                      **NEW YEARS DAY - CENTERS CLOSED**
- WEDNESDAY - 3<sup>rd</sup>**                      **ST. JOSEPH HOSPICE BLOOD PRESSURE SCREENING – 11:00 A.M. – 12:30 P.M.** – Free blood pressure screening will be provided by St. Joseph Hospice! Start the New Year off by knowing your numbers!
- FRIDAY – 5<sup>th</sup>**                      **LSU AgCENTER - “COMPLEMENTARY HEALTH APPROACHES” – 12:00 P.M.** – Tiffany Williams, Assistant Area Nutrition Agent with LSU AgCenter, will discuss mind & body practices for stress relief.
- WEDNESDAY – 10<sup>th</sup>**                      **TECHE PHARMACY PRESENTATION/BINGO – 12:00 P.M. & 12:30 P.M.** – Nancy Menard, Operations & Marketing with locally owned Teche Pharmacy, will provide you with information about free services that Teche Pharmacy offers. Afterwards, Nancy will donate prizes for those that win at bingo.
- FRIDAY – 12<sup>th</sup>**                      **BROOKDALE SENIOR LIVING PRESENTATION/BINGO – 12:00 P.M. & 12:30 P.M.** – Raysha Boudreaux, Sales & Marketing manager with Brookdale Senior Living, will give you information on the facility & will also donate prizes for those that win at bingo!
- MONDAY – 15<sup>th</sup>**                      **DR. MARTIN LUTHER KING, JR. BIRTHDAY –CENTERS CLOSED**
- TUESDAY – 16<sup>th</sup>**                      **AARP SMART DRIVER SAFETY COURSE – 8:30 A.M. – 12:30 P.M.** – Keeping up with the many changes in rules for driving is what AARP Smart Driver Course offers. The fee for this driver safety course is \$15.00 for AARP members & \$20.00 for non-members. Upon completion of this course, you will receive a certificate which may make you eligible for a discount on your auto insurance premiums. **YOU MUST REGISTER AHEAD FOR THIS CLASS BY CALLING 291-5458. LIMITED SEATING. CHECKS/MONEY ORDERS FOR CORRECT AMOUNT MADE OUT TO AARP ONLY ACCEPTED.**
- WEDNESDAY – 17<sup>th</sup>**                      **ST. JOSEPH HOSPICE “GRIEF, LOSS & SUPPORT”/BINGO – 12:00 P.M. & 12:30 P.M.** – Ben Carter, Chaplin, & Latrell Granger, Volunteer Coordinator with St. Joseph Hospice, will provide us with comforting words for their “Greif, Loss & Support” presentation. Afterwards, Latrell will call bingo & provide bingo prizes for some lucky winners.
- FRIDAY – 19<sup>th</sup>**                      **NEW IBERIA MANOR SOUTH – SPONSORED BINGO – 12:30 P.M.** – Brittany Carmouche, Director of Business Development with New Iberia Manor South, will get everyone revved up for some exciting games of bingo while providing prizes for the winners & information on services available!
- MONDAY – 22<sup>nd</sup>**                      **AARP CHAPTER #3629 MEETING – 11:00 A.M.** – The Lafayette Greenhouse AARP Chapter #3629 will hold its monthly meeting. For 30+ years this active chapter has been meeting at the Greenhouse Senior Center. Anyone wanting to join is welcome at any time.
- WEDNESDAY – 24<sup>th</sup>**                      **COMPLETE HOME HEALTH “WINTER SAFETY TIPS”/BINGO - 12:00 P.M. & 12:30 P.M.** – Helen LeDay, Clinical Liaison/Marketer with Complete Home Health will provide some helpful “Winter Safety Tips” for this winter season. Helen will also donate prizes for those that win at bingo!
- FRIDAY – 26<sup>th</sup>**                      **SECURITY NATIONAL LIFE INSURANCE/BINGO – 12:00 P.M. & 12:30 P.M.** – Our insurance needs change, so we should be prepared to know what is available to us. Please join Ari Gwinn, Insurance Agent with Security National Life, as she provides information on types of insurance offered. This will keep you informed of what is available for your needs. Afterwards, Ari will get her game face on by calling bingo & providing prizes for the winners.
- WEDNESDAY – 31<sup>st</sup>**                      **NEW IBERIA MANOR NORTH PRESENTATION/BINGO – 12:00 P.M. & 12:30 P.M.** – Tamara Vincent, Director of Business Development with New Iberia Manor North, will provide information on services they provide. Afterwards, Tamara will get everyone in the bingo mood by donating prizes for the winners.

**\*\*\*LEARN HOW TO PLAY THE ORIGINAL MAHJONG GAME - FREE MAHJONG LESSONS BEING OFFERED AT THE\*\*\*  
**GREENHOUSE – 337-291-5458. CALL FOR DETAILS.****

## **REGULARY SCHEDULED PROGRAMS**

<b>Monday -</b>	8:00 A.M.	Exercise
	9:00 A.M.	Computer Class
	9:00 A.M.	Porcelain Art
	9:30 A.M.	Painting Class
<b>Tuesday -</b>	8:50 A.M.	Yoga ( <b>Not on 3<sup>rd</sup> Tuesdays</b> )
	9:30 A.M.	Young at Heart – Crochet & Crafts Group
<b>Wednesday -</b>	8:00 A.M.	Exercise
	9:00 A.M.	Computer Class
	10:00 A.M.	Porcelain Art
	12:30 A.M.	Bingo
<b>Thursday -</b>	8:50 A.M.	Yoga
	10:30 A.M.	Beginner's Line Dancing
	12:00 P.M.	Line Dancing
	1:15 P.M.	Pokeno ( <b>1<sup>st</sup> &amp; 3<sup>rd</sup> Thursday of Each Month</b> )
<b>Friday -</b>	8:00 A.M.	Exercise
	9:00 A.M.	Computer Class
	12:30 P.M.	Bingo

## **GOAL**

The goal of the Senior Center Section is to meet the needs of elderly persons from various cultural, economic & ethnic backgrounds through the continuous development of a comprehensive program of activities.

## **MEMBERSHIP**

Membership is free & is open to persons who reside in Lafayette Parish & are 55 years of age & older.

## **CONTACT INFORMATION**

**Location:** 110 NE Evangeline Thruway  
Lafayette, LA 70501

**Phone:** (337) 291-5458      **Fax:** (337) 291-5456

**Hours:** Monday – Friday  
7:30 A.M. – 4:30 P.M.

LAFAYETTE CONSOLIDATED GOVERNMENT  
COMMUNITY DEVELOPMENT DEPARTMENT  
HUMAN SERVICES DIVISION/SENIOR CENTERS

[Http://www.lafayettela.gov/CommunityDevelopment/HumanServices/Pages/Senior-Center.aspx](http://www.lafayettela.gov/CommunityDevelopment/HumanServices/Pages/Senior-Center.aspx)