



**Lafayette City-Parish President's Awareness
Committee for Citizens with Disabilities**

Monday, August 12, 2013

Meeting Minutes

Board Members Present: Donna Andrus, Kenneth Carmouche, Lynette Fontenot, Donielle Watkins
Guests in Attendance: Randy Broussard, Michelle Dewey, Zelig Guidry
Staff in Attendance: Carlee Alm-LaBar, Lou Anna Angelle

1. Kenneth Carmouche called the meeting to order.

2. Kenneth introduced the guest speaker, Jody Baudoin, Licensed Clinical Social Worker at the Lafayette VA Community Based Outpatient Clinic.

Jody Baudoin provided the committee with his background information including, veteran of the U. S. Marine Corps, a licensed Clinical Social Worker and he handles mental health recovery at the VA Clinic.

He explained the ten components of recovery which includes, hope, responsibility, respect empowerment and peer support. These components help promote acceptance and respect for individuals with mental health conditions.

Jody provided the committee with information on Post-Traumatic Stress Disorder (PTSD). He explained that people who have PTSD may feel stressed or frightened when danger is not present. PTSD occurs after a terrifying experience that involved physical harm or the threat. He further explained that not only war veterans can have PTSD, but other traumatic incidents can trigger PTSD. The PTSD program offers education, evaluation, and treatment.

3. Minutes

- A motion was made by Lynette Fontenot, seconded by Donielle Watkins and unanimously approve.

4. Correspondence

- Email from Carlee Alm-LaBar regarding the upcoming Awareness Committee for Citizens with Disabilities Annual Awards Ceremony and the State Gold Awards

5. Old Business

- Randy Broussard informed the committee that the Disability Job Fair is on track and will be held on October 2, 2013 at the Heymann Center, 9:00 a.m. – noon.
- The next meeting will be held on August 15th at 10:00 a.m. at the LRS Office.

6. New Business

- Carlee Alm-LaBar will contact Denise Ferguson, Therapeutic Recreation Supervisor for Lafayette Consolidated Government requesting she be the guest speaker for next month's meeting. Donielle Watkins will also provide the committee with information regarding DREAMS Foundation of Acadiana at this meeting.
- The Awareness Committee for Citizens with Disabilities Annual Awards Ceremony will be held on October 17, 2013, at noon @ the Robicheaux Center.
- The State Gold Awards ceremony will be held on November 6, 2013.

7. Comments from the Public

- There were no comments from the public.

8. Next Meeting

- The next meeting of the President's Awareness Committee for Citizens with Disabilities is scheduled for September 9, 2013 at 11:30 a.m. in the Council Briefing Room on the first floor of City Hall.