


ROSEHOUSE SENIOR CENTER

August 2025

| Sun | Mon | Tue | Wed | Thu | Fri | Sat |
|--|--|--|---|---|--|---|
| Center Coordinator: Kristy Hayes 120 Statesman Drive Lafayette, LA 70506 (337) 291-5444 | | \$ Activities with cost \$ Yoga \$ Aerobics \$ Line Dance \$ Bingo \$AARP Defensive Driving | | | 1 Fitness Room 7:30am- 2:00pm Yoga 8:00am-9:00am Aerobics 9:30am-10:30am Aerobics 10:45am-11:45am NO Bingo Center closes at 11:45am | 2  |
| 3 | 4 Fitness Room 7:30am- 2:00pm Yoga 8:00am-9:00am Aerobics 9:30am-10:30am Aerobics 10:45am-11:45am Line Dance 12:00pm-1:30pm | 5 Fitness Room 7:30am- 2:00pm French Club 9:00am-10:00am Mexican Train 10:00am-2:00pm Games Galore 12:00pm-2:00pm | 6 Fitness Room 7:30am- 2:00pm Yoga 8:00am-9:00am Aerobics 9:30am-10:30am Pitty Pat 10:00am-12:00pm Hand & Foot 10:30am- 2:00pm Aerobics 10:45am-11:45am Bingo 12:00pm-2:00pm | 7 Fitness Room 7:30am- 2:00pm Pokeno 2 10:00am-1:00pm Line Dance 10:30am-11:45am Ping Pong 12:00pm – 2:00pm Fitness room orientation by appt | 8 Fitness Room 7:30am- 2:00pm Yoga 8:00am-9:00am Aerobics 9:30am-10:30am Pitty Pat 10:00am-12:00pm Aerobics 10:45am-11:45am Bingo 12:00pm-2:00pm | 9 |
| 10 | 11 Fitness Room 7:30am- 2:00pm Yoga 8:00am-9:00am Aerobics 9:30am-10:30am Aerobics 10:45am-11:45am Line Dance 12:00pm-1:30pm | 12 Fitness Room 7:30am- 2:00pm Pokeno 1 10:00am-1:00pm Mexican Train 10:00am-2:00pm Games Galore 12:00pm-2:00pm | 13 Fitness Room 7:30am- 2:00pm Yoga 8:00am-9:00am Aerobics 9:30am-10:30am Pitty Pat 10:00am-12:00pm Hand & Foot 10:30am- 2:00pm Aerobics 10:45am-11:45am Bingo 12:00pm-2:00pm | 14 Fitness Room 7:30am- 2:00pm Line Dance 10:30am-11:45am Chair volleyball 12:00pm-2:00pm Fitness room orientation by appt | 15 Fitness Room 7:30am- 2:00pm Yoga 8:00am-9:00am Aerobics 9:30am-10:30am Pitty Pat 10:00am-12:00pm Aerobics 10:45am-11:45am Bingo 12:00pm-2:00pm Crazy Hat Day | 16 |
| 17 | 18 Fitness Room 7:30am- 2:00pm Yoga 8:00am-9:00am Aerobics 9:30am-10:30am Aerobics 10:45am-11:45am Line Dance 12:00pm-1:30pm | 19 Fitness Room 7:30am- 2:00pm French Club 9:00am-10:00am \$AARP Defensive Driving 8am- 12pm Bidding Wars 12pm-1:30pm Mexican Train 10:00am-2:00pm | 20 Fitness Room 7:30am- 2:00pm Yoga 8:00am-9:00am Aerobics 9:30am-10:30am Pitty Pat 10:00am-12:00pm Hand & Foot 10:30am- 2:00pm Aerobics 10:45am-11:45am Bingo 12:00pm-2:00pm | 21 Fitness Room 7:30am- 2:00pm Pokeno 2 10:00am-1:00pm Line Dance 10:30am-11:45am Ping Pong 12:00pm – 2:00pm Fitness room orientation by appt | 22 Fitness Room 7:30am- 2:00pm Yoga 8:00am-9:00am Aerobics 9:30am-10:30am Pitty Pat 10:00am-12:00pm Aerobics 10:45am-11:45am Bingo 12:00pm-2:00pm | 23 |
| 24 | 25 Fitness Room 7:30am- 2:00pm Yoga 8:00am-9:00am Aerobics 9:30am-10:30am Aerobics 10:45am-11:45am Line Dance 12:00pm-1:30pm | 26 Fitness Room 7:30am- 2:00pm Pokeno 1 10:00am-1:00pm Mexican Train 10:00am-2:00pm Games Galore 12:00pm-2:00pm | 27 Fitness Room 7:30am- 2:00pm Yoga 8:00am-9:00am Aerobics 9:30am-10:30am Pitty Pat 10:00am-12:00pm Hand & Foot 10:30am- 2:00pm Aerobics 10:45am-11:45am Bingo 12:00pm-2:00pm | 28 Fitness Room 7:30am- 2:00pm Line Dance 10:30am-11:45am Chair volleyball 12:00pm-2:00pm Fitness room orientation by appt | 29 Fitness Room 7:30am- 2:00pm Yoga 8:00am-9:00am Aerobics 9:30am-10:30am Pitty Pat 10:00am-12:00pm Aerobics 10:45am-11:45am Bingo 12:00pm-2:00pm | 30 |