




Sun	Mon	Tue	Wed	Thu	Fri	Sat
	Center Coordinator: Kristy Hayes 120 Statesman Drive Lafayette, LA 70506 337-291-5444 \$ Denotes a cost \$ Yoga \$ Aerobics \$ Line Dance \$ Bingo	1 Fitness Room 7:30am- 2:00pm Mexican Train 10:00am-2:00pm Independence Day Bingo POTLUCK Tuesday July 1, 2025 11:00am-1:00pm Registration Required	2 Closed don Staff Inservice	3 Fitness Room 7:30am- 2:00pm Line Dance 10:30am-12:00pm Pokeno 2 10:00am-1:00pm Fitness Room orientation by appt	4 Closed 	5
6	7 Fitness Room 7:30am- 2:00pm Yoga 8:00am-9:00am Aerobics 9:30am-10:30am Aerobics 10:45am11:45am Line Dance 12:00pm-1:30pm	8 Fitness Room 7:30am- 2:00pm Pokeno 1 10:00am-1:00pm Mexican Train 10:00am-2:00pm Games Galore 12:00pm-2:00pm	9 Fitness Room 7:30am- 2:00pm Yoga 8:00am-9:00am Aerobics 9:30am-10:30am Pitty Pat 10:00am-11:45am Hand & Foot 10:30am- 2:00pm Aerobics 10:45am-11:45am Bingo 12:00pm-2:00pm	10 Fitness Room 7:30am- 2:00pm Line Dance 10:30am-11:45am Chair volleyball 12:00pm-2:00pm Fitness room orientation by appt	11 Fitness Room 7:30am- 2:00pm Yoga 8:00am-9:00am Aerobics 9:30am-10:30am Pitty Pat 10:00am-12:00pm Aerobics 10:45am-11:45am Bingo 12:00pm-2:00pm	12
13	14 Fitness Room 7:30am- 2:00pm Yoga 8:00am-9:00am Aerobics 9:30am-10:30am Aerobics 10:45am11:45am Line Dance 12:00pm-1:30pm	15 Fitness Room 7:30am- 2:00pm French Club 9:00am-10:00am Mexican Train 10:00am-2:00pm Games Galore 12:00pm-2:00pm	16 Fitness Room 7:30am- 2:00pm Yoga 8:00am-9:00am Aerobics 9:30am-10:30am Pitty Pat 10:00am-12:00pm Hand & Foot 10:30am- 2:00pm Aerobics 10:45am-11:45am Bingo 12:00pm-2:00pm	17 Fitness Room 7:30am- 2:00pm Pokeno 2 10:00am-1:00pm Line Dance 10:30am-11:45am Ping Pong 12:00pm-2:00pm Fitness room orientation by appt	18 Fitness Room 7:30am- 2:00pm Yoga 8:00am-9:00am Aerobics 9:30am-10:30am Pitty Pat 10:00am-12:00pm Aerobics 10:45am-11:45am Bingo 12:00pm-2:00pm	19
20	21 Fitness Room 7:30am- 2:00pm Yoga 8:00am-9:00am Aerobics 9:30am-10:30am Aerobics 10:45am11:45am Line Dance 12:00pm-1:30pm	22 Fitness Room 7:30am- 2:00pm Pokeno 1 10:00am-1:00pm Mexican Train 10:00am-2:00pm Games Galore 12:00pm-2:00pm	23 Fitness Room 7:30am- 2:00pm Yoga 8:00am-9:00am Aerobics 9:30am-10:30am Pitty Pat 10:00am-12:00pm Hand & Foot 10:30am- 2:00pm Aerobics 10:45am-11:45am Bingo 12:00pm-2:00pm	24 Fitness Room 7:30am- 2:00pm Line Dance 10:30am-11:45am Chair volleyball 12:00pm-2:00pm Fitness room orientation by appt	25 Fitness Room 7:30am- 2:00pm Yoga 8:00am-9:00am Aerobics 9:30am-10:30am Pitty Pat 10:00am-12:00pm Aerobics 10:45am-11:45am Bingo 12:00pm-2:00pm	26
27	28 Fitness Room 7:30am- 2:00pm Yoga 8:00am-9:00am Aerobics 9:30am-10:30am Aerobics 10:45am11:45am Line Dance 12:00pm-1:30pm	29 Fitness Room 7:30am- 2:00pm LSU-AG 9:00am-10:00am Nutrition Seminar French Club 9:00am-10:00am Pokeno 1 10:00am-1:00pm Mexican Train 10:00am-2:00pm Games Galore 12:00pm-2:00pm	30 Fitness Room 7:30am- 2:00pm Yoga 8:00am-9:00am Aerobics 9:30am-10:30am Pitty Pat 10:00am-12:00pm Hand & Foot 10:30am- 2:00pm Aerobics 10:45am-11:45am Bingo 12:00pm-2:00pm	31 Fitness Room 7:30am- 2:00pm Puzzle Place 7:30am- 2:00pm Line Dance 10:30am-11:45am		
		Coordinator: Kristy Hayes Location: 120 Statesman Dr. Lafayette, La 70506 Office #: 3372915444				

