

## Rosehouse Senior Center

**MAY 2025**

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	<b>Center Coordinator:</b> <b>Kristy Hayes</b> <b>120 Statesman Drive</b> <b>Lafayette, LA 70506</b> <b>337-291-5444</b>			<b>1</b> Fitness Room 7:30am- 2:00pm Line Dance 10:30am-12:00pm Fitness Room orientation by appt	<b>2</b> Fitness Room 7:30am- 2:00pm Yoga 8:00am-9:00am Aerobics 9:30am-10:30am Aerobics 10:45am-11:45am <b>NO Bingo</b> Center closes at 11:45am	<b>3</b>
<b>4</b>	<b>5</b> Fitness Room 7:30am- 2:00pm Yoga 8:00am-9:00am Aerobics 9:30am-10:30am Aerobics 10:45am-11:45am Line Dance 12:00pm-1:30pm	<b>6</b> Fitness Room 7:30am- 2:00pm French Club 9:00am-10:00am  <b>Mother's Day with the Stars</b> <b>11:00am-1:00pm</b>  Mexican Train 10:00am-2:00pm Games Galore 12:00pm-2:00pm	<b>7</b> Fitness Room 7:30am- 2:00pm Yoga 8:00am-9:00am Aerobics 9:30am-10:30am Pitty Pat 10:00am-12:00pm Hand & Foot 10:30am- 2:00pm Aerobics 10:45am-11:45am Bingo 12:00pm-2:00pm	<b>8</b> Fitness Room 7:30am- 2:00pm Pokeno 2 10:00am-1:00pm Line Dance 10:30am-11:45am Chair volleyball 12:00pm-2:00pm Fitness room orientation by appt	<b>9</b> Fitness Room 7:30am- 2:00pm Yoga 8:00am-9:00am Aerobics 9:30am-10:30am Pitty Pat 10:00am-12:00pm Aerobics 10:45am-11:45am Bingo 12:00pm-2:00pm	<b>10</b>
<b>11</b>	<b>12</b> Fitness Room 7:30am- 2:00pm Yoga 8:00am-9:00am Aerobics 9:30am-10:30am Aerobics 10:45am-11:45am Line Dance 12:00pm-1:30pm	<b>13</b> Fitness Room 7:30am- 2:00pm Pokeno 1 10:00am-1:00pm Mexican Train 10:00am-2:00pm Games Galore 12:00pm-2:00pm	<b>14</b> Fitness Room 7:30am- 2:00pm Yoga 8:00am-9:00am Aerobics 9:30am-10:30am Pitty Pat 10:00am-12:00pm Hand & Foot 10:30am- 2:00pm Aerobics 10:45am-11:45am Bingo 12:00pm-2:00pm	<b>15</b> Fitness Room 7:30am- 2:00pm LSU-AG 9:00am-10:00am Nutrition Seminar Line Dance None Ping Pong 12:00pm-2:00pm Fitness Room orientation by appt	<b>16</b> Fitness Room 7:30am- 2:00pm Yoga 8:00am-9:00am Aerobics 9:30am-10:30am Pitty Pat 10:00am-12:00pm Aerobics 10:45am-11:45am Bingo 12:00pm-2:00pm	<b>17</b>
<b>18</b>	<b>19</b> Fitness Room 7:30am- 2:00pm Yoga 8:00am-9:00am Aerobics 9:30am-10:30am Aerobics 10:45am-11:45am  Line Dance None	<b>20</b> Fitness Room 7:30am- 2:00pm French Club 9:00am-10:00am Mexican Train 10:00am-2:00pm Games Galore 12:00pm-2:00pm	<b>21</b> Fitness Room 7:30am- 2:00pm Yoga 8:00am-9:00am Aerobics 9:30am-10:30am Pitty Pat 10:00am-12:00pm Hand & Foot 10:30am- 2:00pm Aerobics 10:45am-11:45am Bingo 12:00pm-2:00pm	<b>22</b> Fitness Room 7:30am- 2:00pm Pokeno 2 10:00am-1:00pm Line Dance 10:30am-11:45am Chair volleyball 12:00pm-2:00pm Fitness room orientation by appt	<b>23</b> Fitness Room 7:30am- 2:00pm Yoga 8:00am-9:00am Aerobics (tape) 9:30am-10:30am Pitty Pat 10:00am-12:00pm Aerobics(tape) 10:45am-11:45am Bingo 12:00pm-2:00pm	<b>24</b>
<b>25</b>	<b>26 Closed</b>  <b>MEMORIAL DAY</b> HONORING ALL WHO SERVED	<b>27</b> Fitness Room 7:30am- 2:00pm Pokeno 1 10:00am-1:00pm Mexican Train 10:00am-2:00pm Games Galore 12:00pm-2:00pm	<b>28</b> Fitness Room 7:30am- 2:00pm Yoga 8:00am-9:00am Aerobics 9:30am-10:30am Pitty Pat 10:00am-12:00pm Hand & Foot 10:30am- 2:00pm Aerobics 10:45am-11:45am Bingo 12:00pm-2:00pm	<b>29</b> Fitness Room 7:30am- 2:00pm Color Craze 10:00am-12:00pm Line Dance 10:30am-11:45am Ping Pong 12:00pm-2:00pm Fitness room orientation by appt	<b>30</b> Fitness Room 7:30am- 2:00pm Yoga 8:00am-9:00am Aerobics 9:30am-10:30am Pitty Pat 10:00am-12:00pm Aerobics 10:45am-11:45am Bingo 12:00pm-2:00pm	<b>31</b>