


## Rosehouse Senior Center

September 2025

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	<b>1</b> <b>Center Closed</b> 	<b>2</b> Fitness Room 7:30am- 2:00pm Mexican Train 10:00am-2:00pm Games Galore 12:00pm-2:00pm	<b>3</b> Fitness Room 7:30am- 2:00pm Yoga 8:00am-9:00am Aerobics 9:30am-10:30am Pitty Pat 10:00am-12:00pm Hand & Foot 10:30am- 2:00pm Aerobics 10:45am-11:45am Bingo 12:00pm-2:00pm	<b>4</b> Fitness Room 7:30am- 2:00pm Pokeno 2 10:00am-1:00pm Line Dance 10:30am-11:45am Ping Pong 12:00pm – 2:00pm Fitness room orientation by appt	<b>5</b> Fitness Room 7:30am- 2:00pm Yoga 8:00am-9:00am Aerobics 9:30am-10:30am Aerobics 10:45am-11:45am <b>NO Bingo</b> <b>Center closes at 11:45am</b>	<b>6</b>
<b>7</b>	<b>8</b> Fitness Room 7:30am- 2:00pm Yoga 8:00am-9:00am Aerobics 9:30am-10:30am Aerobics 10:45am-11:45am Line Dance 12:00pm-1:30pm	<b>9</b> Fitness Room 7:30am- 2:00pm French club 9:00am- 10:00am Pokeno 1 10:00am-1:00pm Mexican Train 10:00am-2:00pm Games Galore 12:00pm-2:00pm	<b>10</b> Fitness Room 7:30am- 2:00pm Yoga 8:00am-9:00am Aerobics 9:30am-10:30am Pitty Pat 10:00am-12:00pm Hand & Foot 10:30am- 2:00pm Aerobics 10:45am-11:45am Bingo 12:00pm-2:00pm	<b>11</b> Fitness Room 7:30am- 2:00pm Line Dance 10:30am-11:45am Chair volleyball 12:00pm-2:00pm Fitness room orientation by appt	<b>12</b> Fitness Room 7:30am- 2:00pm Yoga 8:00am-9:00am Aerobics 9:30am-10:30am Pitty Pat 10:00am-12:00pm Aerobics 10:45am-11:45am Bingo 12:00pm-2:00pm	<b>13</b>
<b>14</b>	<b>15</b> Fitness Room 7:30am- 2:00pm Yoga 8:00am-9:00am Aerobics 9:30am-10:30am Aerobics 10:45am-11:45am Line Dance 12:00pm-1:30pm	<b>16</b> Fitness Room 7:30am- 2:00pm Mexican Train 10:00am-2:00pm Games Galore 12:00pm-2:00pm	<b>17</b> <b>Center Closed</b> <b>Senior Resource Fair</b> <b>Robicheaux Center</b> <b>1919 Eraste Landry Road</b> <b>10am-1pm</b> <b>Join Us there</b>	<b>18</b> Fitness Room 7:30am- 2:00pm Pokeno 2 10:00am-1:00pm Line Dance 10:30am-11:45am Ping Pong 12:00pm – 2:00pm Fitness room orientation by appt	<b>19</b> Fitness Room 7:30am- 2:00pm Yoga 8:00am-9:00am Aerobics 9:30am-10:30am Pitty Pat 10:00am-12:00pm Aerobics 10:45am-11:45am Bingo 12:00pm-2:00pm	<b>20</b>
<b>21</b>	<b>22</b> Fitness Room 7:30am- 2:00pm Yoga 8:00am-9:00am Aerobics 9:30am-10:30am Aerobics 10:45am-11:45am Line Dance 12:00pm-1:30pm	<b>23</b> Fitness Room 7:30am- 2:00pm French Club 9:00am-10:00am Pokeno 1 10:00am-1:00pm Mexican Train 10:00am-2:00pm Games Galore 12:00pm-2:00pm	<b>24</b> Fitness Room 7:30am- 2:00pm Yoga 8:00am-9:00am Aerobics 9:30am-10:30am Pitty Pat 10:00am-12:00pm Hand & Foot 10:30am- 2:00pm Aerobics 10:45am-11:45am Bingo 12:00pm-2:00pm <b>Birthday Bingo</b>	<b>25</b> Fitness Room 7:30am- 2:00pm Pokeno 2 10:00am-1:00pm Line Dance 10:30am-11:45am Chair volleyball 12:00pm – 2:00pm Fitness room orientation by appt	<b>26</b> Fitness Room 7:30am- 2:00pm Yoga 8:00am-9:00am Aerobics 9:30am-10:30am Pitty Pat 10:00am-12:00pm Aerobics 10:45am-11:45am Bingo 12:00pm-2:00pm	<b>27</b>
<b>28</b>	<b>29</b> Fitness Room 7:30am- 2:00pm Yoga 8:00am-9:00am Aerobics 9:30am-10:30am Aerobics 10:45am-11:45am Line Dance 12:00pm-1:30pm	<b>30</b> Fitness Room 7:30am- 2:00pm Mexican Train 10:00am-2:00pm Games Galore 12:00pm-2:00pm			<b>Center Coordinator: Kristy Hayes</b> <b>120 Statesman Drive</b> <b>Lafayette, LA 70506</b> <b>(337) 291-5444</b>	