

THOMAS RECREATION CENTER

August 2025

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1 Special Olympics 2-3pm Pickleball 3-8:55pm Taekwondo 6-8pm Fencing 6-8pm	2 Qi Gong 9-10am Pickleball 10am-1pm Taekwondo 10:30-11:30am Line Dance 12-1pm Fencing 12-2pm Free play 1-2pm
3	4 Free play 2-2:50pm Pickleball 3-8:55pm Karate 5:30-7:30pm	5 Free play 2-5:50pm Improver Line Dance 3:15-4:15pm Zo Fit Rhythm & Cardio 5:30-6:30pm Fencing 6-8pm Ballroom Dance 7-8:45pm Free play 8-8:45pm	6 Pickleball 9am-1pm Free play 2-4:15pm Karate 5:30-7:30pm Gymnastics 4:15-6pm Free play 6-8:55pm	7 Free play 2-4:30pm Gymnastics 4:30-6pm Taekwondo 6-8pm Free play 6-8:55pm	8 Special Olympics 2-3pm Pickleball 3-8:55pm Taekwondo 6-8pm Fencing 6-8pm	9 Qi Gong 9-10am Pickleball 10am-1pm Taekwondo 10:30-11:30am Line Dance 12-1pm Fencing 12-2pm Free play 1-2pm
10	11 Free play 2-2:50pm Pickleball 3-8:55pm Karate 5:30-7:30pm	12 Free play 2-5:50pm Improver Line Dance 3:15-4:15pm Zo Fit Rhythm & Cardio 5:30-6:30pm Fencing 6-8pm Ballroom Dance 7-8:45pm Free play 8-8:45pm	13 Pickleball 9am-1pm Free play 2-4:15pm Karate 5:30-7:30pm Gymnastics 4:15-6pm Free play 6-8:55pm	14 Free play 2-4:30pm Gymnastics 4:30-6pm Taekwondo 6-8pm Free play 6-8:55pm	15 Special Olympics 2-3pm Pickleball 3-8:55pm Taekwondo 6-8pm Fencing 6-8pm	16 Qi Gong 9-10am Pickleball 10am-1pm Taekwondo 10:30-11:30am Line Dance 12-1pm Fencing 12-2pm Free play 1-2pm
17	18 Free play 2-2:50pm Pickleball 3-8:55pm Karate 5:30-7:30pm	19 Free play 2-5:50pm Improver Line Dance 3:15-4:15pm Zo Fit Rhythm & Cardio 5:30-6:30pm Fencing 6-8pm Ballroom Dance 7-8:45pm Free play 8-8:45pm	20 Pickleball 9am-1pm Free play 2-4:15pm Karate 5:30-7:30pm Gymnastics 4:15-6pm Free play 6-8:55pm	21 Free play 2-4:30pm Gymnastics 4:30-6pm Taekwondo 6-8pm Free play 6-8:55pm	22 Special Olympics 2-3pm Pickleball 3-8:55pm Taekwondo 6-8pm Fencing 6-8pm	23 Qi Gong 9-10am Pickleball 10am-1pm Taekwondo 10:30-11:30am Line Dance 12-1pm Fencing 12-2pm Free play 1-2pm
24	25 Free play 2-2:50pm Pickleball 3-8:55pm Karate 5:30-7:30pm	26 Free play 2-5:50pm Improver Line Dance 3:15-4:15pm Zo Fit Rhythm & Cardio 5:30-6:30pm Fencing 6-8pm Ballroom Dance 7-8:45pm Free play 8-8:45pm	27 Pickleball 9am-1pm Free play 2-4:15pm Karate 5:30-7:30pm Gymnastics 4:15-6pm Free play 6-8:55pm	28 Free play 2-4:30pm Gymnastics 4:30-6pm Taekwondo 6-8pm Free play 6-8:55pm	29 Special Olympics 2-3pm Pickleball 3-8:55pm Taekwondo 6-8pm Fencing 6-8pm	30 Qi Gong 9-10am Pickleball 10am-1pm Taekwondo 10:30-11:30am Line Dance 12-1pm Fencing 12-2pm Free play 1-2pm
31		Center Coordinator: Cindy Bardash Building Maintenance: Milton Breaux Address: 301 Geraldine Lafayette, LA 70506 Phone: (337) 291-5553				