Rosehouse Senior Center

APRIL 2026

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1 Fitness Room 7:30am- 2:00pm Yoga 8:00am-9:00am Aerobics 9:30am-10:30am Pitty Pat 10:00am-12:00pm Hand & Foot 10:30am- 2:00pm Aerobics 10:45am-11:45am Bingo 12:00pm-2:00pm	2 Fitness Room 7:30am- 2:00pm Pokeno 2 10:00am-1:00pm Line Dance 10:30am-11:45am Fitness room orientation by appt	3 **Center Closed** 	4
5	6 Fitness Room 7:30am- 2:00pm Yoga 8:00am-9:00am Aerobics 9:30am-10:30am Aerobics 10:45am-11:45am Line Dance 12:00pm-1:30pm	7 Fitness Room 7:30am- 1:45pm Mexican Train 10:00am-1:45pm Games Galore 12:00pm-1:45p	8 **Center Closed** **Boots and Bling Bingo** **MLK 9am – 1pm**	9 Fitness Room 7:30am- 2:00pm Pokeno 2 10:00am-1:00pm Line Dance 10:30am-11:45am Chair volleyball 12:00pm-2:00pm Fitness room orientation by appt	10 Fitness Room 7:30am- 11:30am Yoga 8:00am-9:00am Aerobics 9:30am-10:30am Aerobics 10:45am-11:45am **Center closes at 11:45am** Monthly Staff Meeting	11
12	13 Fitness Room 7:30am- 2:00pm Yoga 8:00am-9:00am Aerobics 9:30am-10:30am Aerobics 10:45am-11:45am Line Dance 12:00pm-1:30pm	14 Fitness Room 7:30am-2:00pm French Club 9:00am- 10:00am Pokeno 1 10:00am-1:00pm Mexican Train 10:00am-1:45pm	15 Fitness Room 7:30am- 2:00pm Yoga 8:00am-9:00am Aerobics 9:30am-10:30am Pitty Pat 10:00am-12:00pm Hand & Foot 10:30am- 2:00pm Aerobics 10:45am-11:45am Bingo 12:00pm-2:00pm	16 Fitness Room 7:30am- 2:00pm Line Dance 10:30am-11:45am Ping Pong 12:00pm-1:30pm Fitness room orientation by appt	17 Fitness Room 7:30am- 2:00pm Yoga 8:15am-9:15am Aerobics 9:30am-10:30am Pitty Pat 10:00am-12:00pm Aerobics 10:45am-11:45am Bingo 12:00pm-2:00pm	18
19	20 Fitness Room 7:30am- 2:00pm Yoga 8:00am-9:00am Aerobics 9:30am-10:30am Aerobics 10:45am-11:45am Line Dance 12:00pm-1:30pm	21 Fitness Room 7:30am- 1:45pm Mexican Train 10:00am-1:45pm **Flowers in Bloom** **10:00am-12:00pm** 	22 Fitness Room 7:30am- 2:00pm Yoga 8:00am-9:00am Aerobics 9:30am-10:30am Pitty Pat 10:00am-12:00pm Hand & Foot 10:30am- 2:00pm Aerobics 10:45am-11:45am Bingo 12:00pm-2:00pm	23 Fitness Room 7:30am- 2:00pm Pokeno 2 10:00am-1:00pm Line Dance 10:30am-11:45am Chair volleyball 12:00pm-2:00pm Fitness room orientation by appt	24 Fitness Room 7:30am- 2:00pm Yoga 8:15am-9:15am Aerobics 9:30am-10:30am Pitty Pat 10:00am-12:00pm Aerobics 10:45am-11:45am Bingo 12:00pm-2:00pm	25
26	27 Fitness Room 7:30am- 2:00pm Yoga 8:00am-9:00am Aerobics 9:30am-10:30am Aerobics 10:45am-11:45am Line Dance 12:00pm-1:30pm	28 Fitness Room 7:30am-2:00pm French Club 9:00am- 10:00am Pokeno 1 10:00am-1:00pm Mexican Train 10:00am-1:45pm	29 Fitness Room 7:30am- 2:00pm Yoga 8:00am-9:00am Aerobics 9:30am-10:30am Pitty Pat 10:00am-12:00pm Hand & Foot 10:30am- 2:00pm Aerobics 10:45am-11:45am Bingo 12:00pm-2:00pm	30 Fitness Room 7:30am- 2:00pm Line Dance 10:30am-11:45am Games Galore 12:00pm-1:45pm Fitness room orientation by appt		
		Kristy D. Hayes- Center Coordinator Rosehouse Senior Center 120 Statesman Drive Lafayette, LA 70506 **337-291-5444**				