



ROSEHOUSE SENIOR CENTER

JULY 2026

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1 Fitness Room 7:30am- 11:45am Yoga 8:00am-9:00am Aerobics 9:30am-10:30am Aerobics 10:45am-11:45am Center closes early	2 Center Closed Black Pot Cookout Greenhouse 10:00am – 1pm Registration Required	3 Observed 	4 July 4th
5	6 Fitness Room 7:30am- 2:00pm Yoga 8:00am-9:00am Aerobics 9:30am-10:30am Aerobics 10:45am-11:45am Line Dance 12:00pm-1:30pm	7 Fitness Room 7:30am- 1:45pm Color Craze 10:00am-12:00pm Mexican Train 10:00am-1:45pm Coffee and Conversation 10:00am- 12:00pm	8 Fitness Room 7:30am- 2:00pm Yoga 8:00am-9:00am Aerobics 9:30am-10:30am Pitty Pat 10:00am-12:00pm Hand & Foot 10:30am- 2:00pm Aerobics 10:45am-11:45am Bingo 12:00pm-2:00pm	9 Fitness Room 7:30am- 2:00pm Matter of Balance 9am-10am Registration Required week 1 Pokeno 2 10:00am-1:00pm Line Dance 10:30am-11:45am Fitness room orientation by appt	10 Fitness Room 7:30am- 1:45pm Yoga 8:15am-9:15am Aerobics 9:30am-10:30am Pitty Pat 10:00am-12:00pm Aerobics 10:45am-11:45am Bingo 12:00pm-1:45pm	11
12	13 Fitness Room 7:30am- 2:00pm Yoga 8:00am-9:00am Aerobics 9:30am-10:30am Aerobics 10:45am-11:45am Line Dance 12:00pm-1:30pm	14 Fitness Room 7:30am-1:45pm French Club 9:00am- 10:00am Pokeno 1 10:00am-1:00pm Mexican Train 10:00am-1:45pm	15 Fitness Room 7:30am- 2:00pm Yoga 8:00am-9:00am Aerobics 9:30am-10:30am Pitty Pat 10:00am-12:00pm Hand & Foot 10:30am- 2:00pm Aerobics 10:45am-11:45am Bingo 12:00pm-2:00pm	16 Fitness Room 7:30am- 2:00pm Matter of Balance 9am-10am Registration Required week 2 Line Dance 10:30am-11:45am Fitness room orientation by appt	17 Fitness Room 7:30am-11:45am Yoga 8:00am-9:00am Aerobics 9:30am-10:30am Aerobics 10:45am-11:45am NO Bingo Center closes at 11:45am	18
19	20 Fitness Room 7:30am- 2:00pm Yoga 8:00am-9:00am Aerobics 9:30am-10:30am Aerobics 10:45am-11:45am Line Dance 12:00pm-1:30pm	21 Fitness Room 7:30am- 1:45pm Color Craze 10:00am-12:00pm Mexican Train 10:00am-1:45pm	22 Fitness Room 7:30am- 2:00pm Yoga 8:00am-9:00am Aerobics 9:30am-10:30am Pitty Pat 10:00am-12:00pm Hand & Foot 10:30am- 2:00pm Aerobics 10:45am-11:45am Bingo 12:00pm-2:00pm	23 Fitness Room 7:30am- 2:00pm Matter of Balance 9am-10am Registration Required week 3 Pokeno 2 10:00am-1:00pm Line Dance 10:30am-11:45am Fitness room orientation by appt	24 Fitness Room 7:30am- 1:45pm Yoga 8:15am-9:15am Aerobics 9:30am-10:30am Pitty Pat 10:00am-12:00pm Aerobics 10:45am-11:45am Bingo 12:00pm-1:45pm	25
26	27 Fitness Room 7:30am- 2:00pm Yoga 8:00am-9:00am Aerobics 9:30am-10:30am Aerobics 10:45am-11:45am Line Dance 12:00pm-1:30pm	28 Fitness Room 7:30am-1:45pm French Club 9:00am- 10:00am Pokeno 1 10:00am-1:00pm Mexican Train 10:00am-1:45pm	29 Fitness Room 7:30am- 2:00pm Yoga 8:00am-9:00am Aerobics 9:30am-10:30am Pitty Pat 10:00am-12:00pm Hand & Foot 10:30am- 2:00pm Aerobics 10:45am-11:45am Bingo 12:00pm-2:00pm	30 Fitness Room 7:30am- 2:00pm Matter of Balance 9am-10am Registration Required week 4 Line Dance 10:30am-11:45am Fitness room orientation by appt	31 Fitness Room 7:30am- 1:45pm Yoga 8:15am-9:15am Aerobics 9:30am-10:30am Pitty Pat 10:00am-12:00pm Aerobics 10:45am-11:45am Bingo 12:00pm-1:45pm	
	Center Coordinator: Kristy Hayes 120 Statesman Drive Lafayette, LA 70506 337-291-5444 Center Hours 7:30 am – 2:00pm					