

Rosehouse Senior Center

MAY 2026

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1 Fitness Room 7:30am- 11:30am Yoga 8:00am-9:00am Aerobics 9:30am-10:30am Aerobics 10:45am-11:45am Center closes at 11:45am Monthly Staff Meeting	2
3	4 Fitness Room 7:30am- 2:00pm Yoga 8:00am-9:00am Aerobics 9:30am-10:30am Aerobics 10:45am-11:45am Line Dance 12:00pm-1:30pm	5 Fitness Room 7:30am- 1:45pm Mexican Train 10:00am-1:45pm Games Galore 12:00pm-1:45pm	6 Fitness Room 7:30am- 2:00pm Yoga 8:00am-9:00am Aerobics 9:30am-10:30am Pitty Pat 10:00am-12:00pm Hand & Foot 10:30am- 2:00pm Aerobics 10:45am-11:45am Bingo 12:00pm-2:00pm	7 Fitness Room 7:30am- 11:30am Line Dance 10:30am-11:30am Center closes at 11:30am to Decorate for Tea	8 Center Closed Mother's Day Tea Registration Required 11am – 1pm 	9
10	11 Fitness Room 7:30am- 2:00pm Yoga 8:00am-9:00am Aerobics 9:30am-10:30am Aerobics 10:45am-11:45am Line Dance 12:00pm-1:30pm	12 Fitness Room 7:30am-2:00pm French Club 9:00am- 10:00am Pokeno 1 10:00am-1:00pm Mexican Train 10:00am-1:45pm	13 Fitness Room 7:30am- 2:00pm Yoga 8:00am-9:00am Aerobics 9:30am-10:30am Pitty Pat 10:00am-12:00pm Hand & Foot 10:30am- 2:00pm Aerobics 10:45am-11:45am Bingo 12:00pm-2:00pm	14 Fitness Room 7:30am- 2:00pm Color Craze 10:00am-12:00pm Line Dance 10:30am-11:45am Chair volleyball 12:00pm-2:00pm Fitness room orientation by appt	15 Fitness Room 7:30am- 2:00pm Yoga 8:15am-9:15am Aerobics 9:30am-10:30am Pitty Pat 10:00am-12:00pm Aerobics 10:45am-11:45am Bingo 12:00pm-2:00pm	16
17	18 Fitness Room 7:30am- 2:00pm Yoga 8:00am-9:00am Aerobics 9:30am-10:30am Aerobics 10:45am-11:45am Line Dance 12:00pm-1:30pm	19 Fitness Room 7:30am- 2:00pm AARP Defensive Driving 8am- 12pm Registration Required Mexican Train 10:00am-1:45pm	20 Fitness Room 7:30am- 2:00pm Yoga 8:00am-9:00am Aerobics 9:30am-10:30am Pitty Pat 10:00am-12:00pm Hand & Foot 10:30am- 2:00pm Aerobics 10:45am-11:45am Bingo 12:00pm-2:00pm	21 Fitness Room 7:30am- 2:00pm Pokeno 2 10:00am-1:00pm Line Dance 10:30am-11:45am Fitness room orientation by appt	22 Fitness Room 7:30am- 2:00pm Yoga 8:15am-9:15am Aerobics 9:30am-10:30am Pitty Pat 10:00am-12:00pm Aerobics 10:45am-11:45am Bingo 12:00pm-2:00pm	23
24	25 Center Closed 	26 Fitness Room 7:30am-2:00pm French Club 9:00am- 10:00am Pokeno 1 10:00am-1:00pm Mexican Train 10:00am-1:45pm	27 Fitness Room 7:30am- 2:00pm Yoga 8:00am-9:00am Aerobics 9:30am-10:30am Pitty Pat 10:00am-12:00pm Hand & Foot 10:30am- 2:00pm Aerobics 10:45am-11:45am Bingo 12:00pm-2:00pm	28 Fitness Room 7:30am- 2:00pm Color Craze 10:00am-12:00pm Line Dance 10:30am-11:45am Chair volleyball 12:00pm-2:00pm Fitness room orientation by appt	29 Fitness Room 7:30am- 2:00pm Yoga 8:15am-9:15am Aerobics 9:30am-10:30am Pitty Pat 10:00am-12:00pm Aerobics 10:45am-11:45am Bingo 12:00pm-2:00pm	30
31	Kristy Hayes- Center Coordinator Rosehouse Senior Center 120 Statesman Drive Lafayette, La 70506 337-291-5444					

